

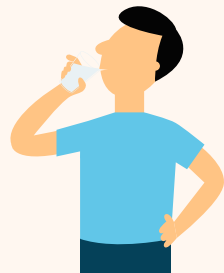
POSITIVE AFFIRMATIONS

01



Each morning I wake up feeling enthusiastic about the day ahead.

02



I think only positive thoughts and am always happy and joyous, no matter what the external conditions are.

03



I am open and receptive to all the wealth life offers me.

04



I am inspired and have the power to accomplish everything I need to do today.

05



The power is within me. I learn from the past, live in the now and plan for the future.

06



I give myself permission to be relaxed and happy.

07



I choose to remain calm today no matter what.

08



I trust my inner wisdom and intuition.

09



I understand that children constantly need motivation and I try to be their main source of motivation and inspiration.

10

I love myself and I am perfectly healthy.

